

SENIOR LONG COURSE CHAMPIONSHIPS QUALIFICATION TIMES

FEMALE (50M)	13 years	14 years	15 years	16 yrs & o		13 years	14 years	15 years	16 yrs & o	MALE (50M)
	41.48	40.43	39.25	38.25	50 Free	39.00	37.52	36.34	35.79	
1:22.82	1:20.02	1:17.76	1:15.95	100 Free	1:20.61	1:17.48	1:15.00	1:12.88		
2:44.96	2:38.74	2:33.35	2:32.53	200 Free	2:40.46	2:36.19	2:27.73	2:25.81		
5:35.71	5:16.94	5:10.98	5:05.05	400 Free	5:22.61	5:12.49	4:54.98	4:52.22		
11:04.67	10:43.37	10:31.09	10:22.44	800 Free	10:41.93	10:21.61	9:42.38	9:33.25		
21:36.76	20:56.75	20:28.74	20:14.27	1500 Free	20:25.62	19:36.23	18:42.10	17:50.31		
48.15	47.91	45.80	45.74	50 Back	45.84	44.25	42.46	39.85		
1:38.59	1:33.83	1:30.61	1:30.16	100 Back	1:29.98	1:28.19	1:25.43	1:18.99		
3:09.89	3:06.07	3:03.35	2:59.56	200 Back	3:01.69	2:55.75	2:48.35	2:43.01		
53.28	52.59	51.68	50.03	50 Breast	49.81	47.82	46.14	44.58		
1:48.68	1:44.02	1:42.52	1:40.30	100 Breast	1:40.73	1:36.26	1:35.51	1:29.87		
3:41.26	3:29.51	3:25.78	3:22.56	200 Breast	3:22.84	3:14.25	3:11.78	3:00.76		
44.78	43.59	43.32	43.17	50 Fly	43.83	41.70	40.23	37.85		
1:33.28	1:30.69	1:28.62	1:26.86	100 Fly	1:25.82	1:22.93	1:18.93	1:17.41		
3:13.23	3:08.11	3:02.31	2:58.56	200 Fly	3:00.71	2:51.09	2:42.76	2:36.95		
3:08.60	3:04.46	3:00.26	2:57.92	200 IM	3:01.55	2:57.89	2:50.09	2:44.31		
6:22.89	6:10.03	6:08.34	6:05.25	400 IM	6:12.94	6:02.81	5:41.20	5:36.60		

Qualifying period: 1st January 2021 to 4th December 2022

Entry times must be accessible in the Results database, achieved at a Designated or Development meet